

BE A DOUBLE BAGGER

CREATE A CULTURE OF RECOGNITION AND PERSONAL DEVELOPMENT



Build effective, fulfilling relationships.

The importance of building and sustaining engaging and empowering relationships with others is tremendous in every aspect of our lives.

By using some basic principles of psychology in an everyday setting we can change any dynamic of a relationship for the better, at home and in the workplace.

'Be a double bagger' is a programme about building a culture of recognition and personal development.

It is unlike other personal development programmes, and individuals should expect to be taken on a unique and emotive learning journey that addresses subjects most crucial to the development and well-being of themselves and the organisation in which they work.

The workshop begins with insights into attitudes, beliefs and behaviours. Then encourages you to take steps in adapting and reshaping them where they may currently be making a negative impact on ourselves and others.

'Be a Double Bagger' is an inspirational programme that strengthens self-esteem and develops positive attitudes towards others.



1 Day course

Comprehensive materials

Can be tailored for your business

TARGET AUDIENCE

Managers who wish to learn how to inspire and encourage their team. Team members who want to function better as a team. Anyone who takes an interest in their own development.

Request more information: one@tmiworld.com

THIS COURSE WILL ENABLE YOU TO:

- Develop and maintain a positive attitude to yourself, to others and your work
- Strengthen self-esteem
- Give and receive positive and constructive feedback to others without discouraging them
- Increased tolerance of other people's differences
- Create a life with meaning and substance



WE BELIEVE IN THE INDIVIDUAL

a GI GROUP brand